



**ITEM: F805**

**FAMILY SIZE**

NET WT 9.5 OZ (269 G)

**Nutrition Facts**

About 10 servings per container  
**Serving size 1 2/3 cups (28g)**

**Amount Per Serving**  
**Calories 170**

	% Daily Value*
<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 90mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), WHITE CHEDDAR CHEESE BLEND (CHEDDAR CHEESE (MILK, SALT, CHEESE CULTURES, & ENZYMES), WHEY, BUTTERMILK, SALT & DISODIUM PHOSPHATE)

CONTAINS: MILK, SOY

POPPIN POPCORN  
 HOLLAND, MI 49423

**ITEM: F855**

**INDIVIDUAL SIZE**

NET WT 5 OZ (142 G)

**Nutrition Facts**

5 servings per container  
**Serving size 1 2/3 cups (28g)**

**Amount Per Serving**  
**Calories 170**

	% Daily Value*
<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 90mg	2%

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INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), WHITE CHEDDAR CHEESE BLEND (CHEDDAR CHEESE (MILK, SALT, CHEESE CULTURES, & ENZYMES), WHEY, BUTTERMILK, SALT & DISODIUM PHOSPHATE)

CONTAINS: MILK, SOY

POPPIN POPCORN  
 HOLLAND, MI 49423

**ITEM: F905**

**SNACK SIZE**

NET WT 1.5 OZ (43 G)

**Nutrition Facts**

1 serving per container  
**Serving size 1 bag (43g)**

**Amount Per Serving**  
**Calories 250**

	% Daily Value*
<b>Total Fat</b> 20g	<b>26%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 350mg	<b>15%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 0.6mg	4%
Potassium 130mg	2%

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INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), WHITE CHEDDAR CHEESE BLEND (CHEDDAR CHEESE (MILK, SALT, CHEESE CULTURES, & ENZYMES), WHEY, BUTTERMILK, SALT & DISODIUM PHOSPHATE)

CONTAINS: MILK, SOY

POPPIN POPCORN  
 HOLLAND, MI 49423