



ITEM: F817

FAMILY SIZE - NET WT 9.5 OZ (269 G)

Nutrition Facts

About 10 servings per container
Serving size 1 2/3 cups (28g)

Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 12g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 80mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), CHEDDAR & SOUR CREAM SEASONING (MALTODEXTRIN, WHEY, SALT, CULTURED CREAM, CHEDDAR & BLUE CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES), CORN STARCH, MONOSODIUM GLUTAMATE (MSG), ONION POWDER, BUTTER (CREAM, SALT), CITRIC ACID, NATURAL & ARTIFICIAL FLAVORS, DISODIUM INOSINATE & DISODIUM GUANYLATE, WHEY PROTEIN CONCENTRATE, YELLOW 5 LAKE, YELLOW 6 LAKE, YELLOW 5, YELLOW 6, SODIUM DIACETATE, LACTIC ACID, VITAMIN E ADDED TO PROTECT FLAVOR, VITAMIN C ADDED TO PROTECT FLAVOR)

CONTAINS: MILK, SOY

POPPIN POPCORN
 HOLLAND, MI 49423

CHEDDAR & SOUR CREAM



ITEM: F867

INDIVIDUAL SIZE - NET WT 5 OZ (142 G)

Nutrition Facts

5 servings per container
Serving size 1 2/3 cups (28g)

Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 12g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 80mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), CHEDDAR & SOUR CREAM SEASONING (MALTODEXTRIN, WHEY, SALT, CULTURED CREAM, CHEDDAR & BLUE CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES), CORN STARCH, MONOSODIUM GLUTAMATE (MSG), ONION POWDER, BUTTER (CREAM, SALT), CITRIC ACID, NATURAL & ARTIFICIAL FLAVORS, DISODIUM INOSINATE & DISODIUM GUANYLATE, WHEY PROTEIN CONCENTRATE, YELLOW 5 LAKE, YELLOW 6 LAKE, YELLOW 5, YELLOW 6, SODIUM DIACETATE, LACTIC ACID, VITAMIN E ADDED TO PROTECT FLAVOR, VITAMIN C ADDED TO PROTECT FLAVOR)

CONTAINS: MILK, SOY

POPPIN POPCORN
 HOLLAND, MI 49423